

OBU Women's Basketball Camp Application

Name _____ Phone (____) _____
Address _____ E-mail _____
City _____ State _____ Zip _____
School _____ Age _____ Grade _____
Coach _____ Roommate Request _____

I hereby release Oklahoma Baptist University, its staff and representatives from responsibility in the event of an accident or injury to my child. I authorize the directors of the OBU Lady Bison Basketball Camp to act for me according to their best judgement in any emergency requiring medical attention.

Parent or Guardian _____
 Enclosed is a deposit of \$75.
 Enclosed is full payment of \$_____ for the _____ camp.

Make checks payable to Oklahoma Baptist University. Detach and mail this form to Oklahoma Baptist University, OBU Box 61231, 500 West University, Shawnee, OK 74804.

Oklahoma Baptist University
OBU Box 61231
500 W. University
Shawnee, OK 74804

RETURN SERVICE REQUESTED

CAMP SELECTION

(Please check appropriate camp.)

- Shooting Camp**
June 1-3 | \$75
- Individual Day Camp**
June 14-17 | \$190
- Boarding Camp**
July 18-22
\$295 Overnight
\$210 Commuter (with meals)

Non-Profit Org.
U.S. Postage
PAID
Shawnee, OK
Permit 238

Play better this summer!



2010 Women's Basketball Camps



Shooting Camp
June 1-3

Individual Day Camp
June 14-17

Boarding Camp
July 18-22

Facilities include three courts in the OBU Recreation & Wellness Center!

– Shooting Camp –

June 1-3

9 a.m.-noon

Registration/Check in – June 1, 8 a.m.

Ages 7-17

Learn basic shooting fundamentals from OBU coaches and players. Campers will work on drills to develop:

- footwork
- balance | agility
- catching the ball and court vision
- triple threat (pass, shoot, dribble)
- how to get open
- the shot

Each day we will drill for 30 minutes on ball handling and other offensive fundamentals.

Cost for Shooting Camp \$75

Camp Staff

Camp is supervised by Coach McCullough and his assistants also receive instructions by OBU players and area high school coaches.

Coach John McCullough

As Lady Bison head coach, John McCullough has led his team to the NAIA Championship Tournament in each of his ten years, and to the final four in 2009. The Lady Bison's record is 245-95 for the past eight seasons.

McCullough was an All-American at The University of Oklahoma, and named Big-8 MVP in 1979. He went on to play professionally for the NBA Phoenix Suns, CBA, WBL, and several years in France.

– Individual Day Camp –

(Limit 60 campers for each camp)

June 14-17

Registration/Check in – June 14, 8-9 a.m.

8:30 a.m.-4:30 p.m. Mon-Thurs

Camp ends at 4:30 p.m., Thursday, June 17

Ages 7-17

Learn how to play the game. Develop basic fundamentals for offense and defense. Station work each morning and afternoon, breaking down these fundamentals:

- passing | dribbling | shooting
- defensive stance | footwork
- team offense | spacing | movement

Each afternoon will involve team 3-on-3 and 5-on-5 competition.

Cost for Individual Day Camp: \$190

– Boarding Camp –

(Limit 75 campers)

July 18-22

Registration/Check In – July 18, 5 p.m.

Camp ends at 5 p.m., Thursday, July 22

Ages 7-17

Camp Staffed by OBU Coaches and Players: Teach the fundamentals of basketball through repetition. Drill work in both Morning and Afternoon sessions. Evening – Competitive games according to size, age, and ability.

Attire to bring:

- | | |
|---|-----------------------------------|
| <input type="checkbox"/> gym shorts | <input type="checkbox"/> t-shirts |
| <input type="checkbox"/> basketball shoes | <input type="checkbox"/> socks |
| <input type="checkbox"/> swim suit | <input type="checkbox"/> bedding |
| <input type="checkbox"/> toiletry items | <input type="checkbox"/> towels |

Same daytime format as Individual Day Camp

Cost for Boarding Camp: \$295

Cost for Commuters: \$210 *(includes meals)*

Camp Information

Facilities

Camps will be held in the OBU Noble Complex Gym and the new OBU Recreation & Wellness Center. (RAWC)

Mission Statement

OBU Lady Bison Camps are designed to create a positive Christian environment through encouragement and sound instruction. Camps maintain a 1-to-10 coach/camper ratio to offer personal instruction. Our goal is to enrich the lives of campers through fundamental basketball instruction and fun competition, all within a positive spiritual atmosphere.

Application

Send your application and deposit, payable to Oklahoma Baptist University, at your earliest convenience. You will receive a confirmation email or phone call upon receiving your application.

Health Insurance

Each camper must be covered by her family's medical insurance, or a parent or guardian must sign a statement of financial responsibility. For additional details, please call 405.878.2171.

Housing for Overnight Campers

Campers reside in dormitories with secure entrances. Each dorm floor will have camp staff available during scheduled free times to provide supervision and personal attention.

Meals

For overnight and commuting campers, all meals will be taken in the OBU cafeteria, in an all-you-care-to-eat format. Commuters are required to eat meals on campus, unless special arrangements are made in advance.

Camp Attitude and Regulations

Each camp is conducted in a Christian environment. Personal motivation and positive discipline are encouraged. Good conduct is expected from each camper. Make new friends and have fun!

For more information

call 405.878.2172 or 878.2171,
e-mail john.mccullough@okbu.edu
online www.obubison.com/f/Summer_Camps.php

Each camper will receive a free camp t-shirt and basketball.