

## OBU VOLLEYBALL CAMP MEDICAL RELEASE FORM

I, the undersigned parent/legal guardian of camper,  
\_\_\_\_\_, authorize said child's  
full participation in the OBU VOLLEYBALL CAMPS, including  
related camp activities. It is my understanding that participation  
in the activities at this camp is not without some inherent risk of  
injury. As such, in consideration of my child's participation in  
OBU VOLLEYBALL CAMPS, I hereby release, waive, dis-  
charge, and covenant not to sue the camp, clinicians, Oklahoma  
Baptist University, or their employees from any liability, claims,  
demands, action, and causes of action whatsoever arising out of  
or related to any loss, damage, or injury, including death, that  
may be sustained by my child, whether caused by the negligence  
of the releases, or otherwise while participating in such activity, or  
while in, on, or upon the premises where the activity is being  
conducted. I also agree to follow all instructions and procedures  
in order to maintain a maximum level of safety. I also give my  
permission for any emergency medical care or treatment by OBU  
Athletic trainer, physician, surgeon, hospital, or medical care  
facility that may be required, including transportation, and I ac-  
cept responsibility for the cost. I understand that I am responsible  
for any expenses associated with treatment of injuries.

Camper's Name \_\_\_\_\_

Insurance Carrier \_\_\_\_\_

Policy # \_\_\_\_\_

Parent/Guardian Printed \_\_\_\_\_

Parent/Guardian Signed \_\_\_\_\_

Home Phone \_\_\_\_\_

Work Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

### WHAT TO BRING TO CAMP:

- Balance of camp fee
- Good attitude and willingness to learn
- Good tennis shoes
- Kneepads
- Ankle/Knee Braces (if needed)

### BOARDING CAMP NEEDS:

- Personal Toiletries (soap, deodorant, towels, toothbrush)
- Pillow and twin size bed linens / sleeping bag

**We STRONGLY recommend that you leave any elec-  
tronic devices (iPod/mp3 player), jewelry, etc at home.**

While we will make every effort to control the flow of traf-  
fic around the camp areas, we CANNOT be responsible  
for any property which is lost or stolen.

### *Mission*

OBU Lady Bison Camps are designed to create a positive Chris-  
tian environment through encouragement and sound instruction.  
Camps maintain a 1-to-10 coach/camper ratio to offer personal  
instruction. Our goal is to enrich the lives of campers through  
fundamental volleyball instruction and fun competition, all  
within a positive spiritual atmosphere.

### *Health Insurance*

Each camper must be covered by her family's medical insurance,  
or a parent or guardian must sign a statement of financial respon-  
sibility. For additional details, please call 405.878.2171.

### *Camp Attitude and Regulations*

Each camp is conducted in a Christian environment. Personal  
motivation and positive discipline are encouraged. Good conduct  
is expected from each camper. Make new friends and have fun!



# O·B·U

Lady



Volleyball Camps  
2010

**Day Camp**  
June 28-30

**Boarding Camp**  
July 11-14

**OBU VOLLEYBALL**  
500 W. University  
Shawnee, OK 74804

Head Coach—Anna Monsen Howle  
anna.howle@okbu.edu  
405-878-2150

Assistant Coach—Jason Munoz  
jason.munoz@okbu.edu

VOLLEYBALL DAY CAMP - - - - - VOLLEYBALL BOARDING CAMP - - - - - VOLLEYBALL BOARDING CAMP



## OBU VOLLEYBALL CAMP STAFF



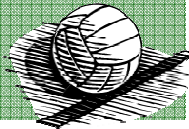
**Anna Howle** is head coach of the OBU Volleyball Program. She came from the University of Oklahoma. In 2006, she was named Libero of the Year in the Big 12 Conference. She was a part of the 2006 team that made it to the NCAA Sweet 16 round in Hawaii.



**Jason Muñoz** had his first season with the Lady Bison in 2009 as assistant volleyball coach. Prior to joining the Lady Bison Jason held the same position at Southwestern OK St. University for 2 years while earning his master of education in sports management.



Current OBU Volleyball Team Members will be helping work the camp. Campers will receive skill instruction and see demonstrations from a Lady Bison!



## DAY CAMP

**JUNE 28-30**

**AGES 6-12**

This camp will teach the basic skills of passing, setting, serving, blocking, defense and hitting. Day camp is for girls and boys who are ages 6-12. This camp will be divided into age/skill appropriate groups. Day camp is designed to get younger players exposed to the game of volleyball, working within a team, and developing as an athlete.

**Monday- Wednesday 9:00 a.m. – 3:00 p.m.**

- \$100 Camp Fee • **\$50 Deposit**
  - Check in at the Noble Complex lobby between 8:30 and 9 a.m. on June 28
  - Lunch will be provided
  - Camp awards ceremony 2:30 p.m. on June 30
- DAY CAMP SPECIAL FEATURES**
- Character Development
  - Team competition/Individual Instruction
  - Free camp t-shirt
  - Bison players work as counselors

## BOARDING CAMP

**JULY 11-14**

**AGES 13-18**

The focus will be on individual technical advancement in the skills of serving, passing, setting, hitting, defense and blocking. This will be accomplished through drills, continuous touches of the ball, and putting those skills into game situations. Campers will learn to work together through team situations.

**Sunday, July 11– Wednesday, July 14**

- \$250 Boarder • **\$70 Deposit**
- \$160 Commuter
- \$200 Commuter with meals
- Check in at the Noble Complex lobby between 4 and 5 p.m. on July 11
- Camp awards ceremony 2 p.m. on July 14
- Check out from 3:00 to 4:00 p.m.

**BOARDING CAMP SPECIAL FEATURES**

- Free camp t-shirt
- Individual instruction/Team competition
- Character development
- Bison players work as counselors

**Boarding Camp**

**Day Camp**

PLEASE CHECK CAMP YOUR CHILD WILL ATTEND

Camper \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Cell Phone (\_\_\_\_) \_\_\_\_\_

Email \_\_\_\_\_

Age \_\_\_\_\_ Grade/Fall 2008 \_\_\_\_\_

School \_\_\_\_\_

**Mail this registration form and deposit to:**

**OBU Volleyball Camps**

OBU Box 61243

500 W. University

Shawnee, OK 74804

**Make check payable to OBU Volleyball.**

**The deposit is non-refundable.**

**Balance due at check-in.**